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Title	Lecturer of Orthopedic Physical Therapy
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Faculty	Physiotherapy
Department	Orthopedic Physical Therapy



Education

2002 (BSc) Faculty of Physical Therapy, Misr University for Science and Technology, Egypt

2010 (MSc) Faculty of Physical Therapy, Cairo University, Egypt

2019 (PhD) Faculty of Physical Therapy, Cairo University, Egypt

2019 Diploma degree in osteopathy - international academy of osteopathy, Belgium.

Professional Expertise

October 2019 -up to date

Lecturer in the Faculty of Physical Therapy, Department of Orthopedic physical therapy, Deraya University.

September 2019-up to august 2020

Lecturer in the Faculty of Physical Therapy, Department of Musculoskeletal Disorders and its Surgeries, Bader University in Cairo.

September 2016-up to September 2019

Assistant Lecturer in the Faculty of Physical Therapy, Department of Musculoskeletal Disorders and its Surgeries, Bader University in Cairo.

December 2010-up to September 2016

Assistant Lecturer in the Faculty of Physical Therapy, Department of Musculoskeletal Disorders and its Surgeries, Misr University for Science and Technology (MUST).

July 2004 – November 2010

Instructor in the Faculty of Physical Therapy, Department of Musculoskeletal Disorders and its Surgeries, Misr University for Science and Technology (MUST).

July 2005 – Februry 2011

Physiotherapist in the center of Prof.Dr/Ahmed Hassan for Physical Therapy and Rehabilitation.

July 2007- March 2020

Physiotherapist in the Specialized Medical Centre of the Ministry of Interior.



Research Interests

Physical therapy for Spinal and temporomandibular disorders.

Selected Publications

Lobbos, B. S., Elnahass, B. G. E., Ayad, K. E. P., & Aziz, O. M. A. (2018). Endurance of deep neck flexor muscles and neck pain in patients with temporomandibular disorders. *Bioscience research*, *15*(4), 3606-3611.

Mehrem, E. S., Essa, M. M., Mabrouk, M. I. A., Lobbos, B. S., & Assem, A. (2020). Association between head postural alteration and Acromio-humeral distance in young athletes. *Bioscience research*, 17(1): 90-96.

Ahmed, G., Ramzy, G. M., Abdelaziz, N. G. M. M., Mahmoud, M. M. M., Essa, M. M., Lobbos, B. S., & Rezk, M. Y. (2020). Effect of Kinetic Control Retraining on Chronic Low Back Pain with Radiculopathy. A Randomizied Controlled Trial Study. *International Journal of Applied Exercise Physiology*, *9*(12), 188-195.

Mehrem, E., Khaireldin, A., Essa, M., Gad Allah, M., Lobbos, B., & Kamel, R. (2023). Sensorineural hearing loss imprint on postural control: A Pediatric and Adolescent Innovative Study. *NeuroRehabilitation*, (Preprint), 1-8.

Khaireldin, A., Mehrem, E., Gamal El-Din, M., Abdelhakeim, N., Essa, M., Lobbos, B. S. (2024). immediate effect of insole on sensory integration and limit of stability in individual with flexible flat feet. Bioscience Research, (Preprint), 21(1), 60-66