

السيرة الذاتية



البيانات الشخصية:

الاسم: مجدي محمد علي شبانة

تاريخ الميلاد: 1968 / 8 / 10

محل الميلاد: جمهورية مصر العربية - الجيزة

الديانة : مسلم

الجنسية : مصري

العنوان : 4ش نزلة السيبي - متفرع من شارع زغلول - المريوطية - الهرم

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المؤهلات:

- بكالوريوس العلاج الطبيعي - جامعة القاهرة سنة 1990 .
- الزمالة الأمريكية (البورد الأمريكي) العلاج الطبيعي سنة 1995 (ولاية نيويورك - ولاية ساوس كارو لينا).
- ماجستير العلاج الطبيعي لأمراض و اضطرابات الجهاز العضلي الحركي عام 2009 ، جامعة القاهرة.
- دكتوراه العلاج الطبيعي لأمراض و اضطرابات الجهاز العضلي الحركي عام 2013 ، جامعة القاهرة.

الدورات التدريبية:

(1) الدورات التدريبية بالولايات المتحدة:

- دورة تدريبية في علاج القرع بالعلاج الطبيعي.
- دورة تدريبية في التعامل مع مرضى الإيدز في التسعينيات .
- دورة تدريبية في علاج مرضى هشاشة العظام .
- دورة تدريبية في العلاج اليدوي لحالات الكبار والأطفال .
- دورة تدريبية في عمل الجباير للأيدي والقدم.
- دورة تدريبية لكيفية تولي منصب قيادي وإشرافي .

- دورة تدريبية لحالات الجلطات المخية في الألفية .
- دورة تدريبية في حالات علاج عدم الاتزان .
- (2) الدورات التدريبية داخل جمهورية مصر العربية:
- دورة تدريبية في اقتصاديات المجال العلاجي .
- دورة تدريبية في العلاجات الحديثة لمشاكل الركبة .
- مؤتمر العلاج الطبيعي السنوي من 2002 حتى 2023.
- دورة تدريبية في التحليل الحركي .
- دورة تدريبية في نظم الامتحانات وتقويم الطلاب لكليات ومعاهد التعليم العالي.
- دورة تدريبية في التخطيط الاستراتيجي لكليات ومعاهد التعليم العالي.
- دورة تدريبية في استراتيجيات التدريس والتعليم الفعال لكليات ومعاهد التعليم العالي.
- دورة تدريبية في استخدام التكنولوجيا في التدريس.
- دورة تدريبية في التعامل مع الطلاب ذوي الاحتياجات الخاصة ١٩-٢٠/١٢/٢٠٢١.
- دورة في العلاج اليدوي للعمود الفقاري بجامعة دراية كلية العلاج الطبيعي الفترة من ٢٧-٢٩/٣/٢٠٢٢.

الخبرات الحالية والسابقة:

- أستاذ مساعد ورئيس قسم العلاج الطبيعي للعظام وجراحاتها بكلية العلاج الطبيعي بجامعة دراية المنيا منذ 2023/2/1.
- مدرس العلاج الطبيعي لأمراض العظام وجراحاتها بكلية العلاج الطبيعي بجامعة دراية المنيا منذ 2017/12 وحتى 2023/2/1.
- أستاذ مساعد بكليات بريده الأهلية كلية العلوم الطبية التطبيقية قسم العلاج الطبيعي من عام دراسي 2014/2015 حتى عام دراسي 2016/2017.
- مدرس العلاج الطبيعي لأمراض العظام وجراحاتها بكلية العلاج الطبيعي بجامعة النيلين بالسودان عام دراسي 2013-2014
- مشرف برامج التدريب والتعليم المستمر للعلاج الطبيعي بمستشفيات جامعة القاهرة منذ عام 2011 حتى الان (إعارة داخلية).
- وكيل إدارة العلاج الطبيعي بمستشفيات جامعة القاهرة (القصر العيني) منذ عام 2008 حتى عام 2011.
- استشاري العلاج الطبيعي بمستشفيات جامعة القاهرة (القصر العيني) – المنيل الجامعي (2002- حتى الآن).
- استشاري ورئيس قسم العلاج الطبيعي في مستشفيات ومراكز المروة (2006- حتى 2017).
- استشاري تأهيل بولاية نيويورك لمؤسسة تأهيل VNS أكبر شركات التأهيل (2000-2001).

- عضو فريق عمل قسم العلاج الطبيعي بمستشفى أندرسون بولاية ساوس كارلينا (1997-2000).
- رئيس عمل قسم العلاج الطبيعي بدار النرج للمسنين بولاية ساوس كارلينا (1995-1997).
- أخصائي العلاج الطبيعي بمستشفيات جامعة القاهرة (1990-1995).

المهارات:

- القيام بعملية التقييم والإشراف على وضع برامج تدريب امتياز علاج طبيعي وخريجي العلاج الطبيعي الجدد .
- إدارة وحدة العلاج الطبيعي لأقسام العظام بمستشفيات جامعة القاهرة .
- عمل تقييم لحالات العلاج الطبيعي ووضع برامج وبروتوكولات علاجية تقليدية وغير تقليدية للحالات المختلفة التي تحتاج إلى علاج طبيعي.
- تنظيم وتفعيل دورات تدريبية متخصصة وعامه في مجال العلاج الطبيعي لطلاب وامتياز وأخصائي العلاج الطبيعي بمستشفيات جامعة القاهرة.
- المشاركة في وضع لوائح تدريب الامتياز بمستشفيات جامعة القاهرة (بطاقة الامتياز) شاملة اداريات وفنيات العملية التدريبية والتعليمية والمعمول بها حتى الان.
- المشاركة في الاشراف وتنظيم توزيع التدريب العملي لطلاب العلاج الطبيعي للجامعات الخاصة في الاقسام الإكلينيكية لمستشفيات جامعة القاهرة.
- عمل المحاضرات الخاصة بأدب وقوانين المهنة لامتياز العلاج الطبيعي جامعة القاهرة.
- المشاركة في دورة مكافحة العدوى لامتياز العلاج الطبيعي جامعة القاهرة .

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RESUME

Name	Magdy Mohamed Aly Shabana
Title	Associate professor in orthopedic physical therapy
Email	magdy.shabana@deraya.edu.eg
Faculty	Faculty of physical therapy
Department	Orthopedic department



Education

- Ph.D. in physical therapy Cairo University 2013
- Master in physical therapy 2009
- bachelor degree of physical therapy, Cairo University, Egypt, 5/1990.
- board of physical therapy Florida Registered physical therapist in South Carolina and New York State (license #015288-1) 1995.

Professional Expertise

- **1/2/2023:** associate professor and head of orthopedic physical therapy department at faculty of physiotherapy in deraya university el menia.
- **2017 till 31/01/2023:** lecturer in orthopedic physical therapy department at faculty of physiotherapy in deraya university el menia , active member in research and professional development team and manager of the physical therapy faculty out/pt. clinic (from 10/2018 till 11/2022).
- **From 2014 till 2017:** worked as an assistant professor in orthopedic physical therapy department at buraydah colleges in kingdom of Saudi Arabia, participating in verification and quality assurance committee and developing learning outcomes criteria and exit exam for graduate physical therapy students.
- **From 2002 till now (on vacation permit):** Cairo university hospital (kaser elanie) Senior physical therapist (orthopedic clinical specialist) at orthopedic department for evaluation, implementing TX programs and treat pt. besides duties to train and supervise internship student with orthopedic cases e.g. traumatic and rheumatic including surgical and nonsurgical cases. Co-manager of physical therapy general administration from 07/2008 till now (on vacation permit).
- **From 1998-2001** Anderson area medical center staff physical therapist at physical therapy and rehabilitation department evaluation, treatment and supervising PTA and PT students for acute, sub-acute, outpatient and home health pt. with orthopedic, neuro, pediatric, post-surgical, ob/gyn, geriatric, wound care and general medicine diagnosis job description including assessment, implement and treatment of all previous kind of pt besides supervising PTA, training students and doing in-services to staff, and actively contribute in the department activity to help improve customer welling program.
- **From 1996 till 1998:** - staff physical therapist (senior PT) professional rehab Inc., ellenburg nursing center evaluation and treatment of geriatric patient with all different diagnosis as neuro, orthopedic, general medicine and post-surgical rehab. Job description including assessment, implementing plan of care and treatment besides

supervising and helping staff to continue restorative programs as well as participating in set up category of functional level for resident in care plan meeting.

- **From 1995 till 1996:** - staff physical therapist, achievement rehab, tricounty nursing center Evaluation and treatment of geriatrics with neuro, orthopedic, post-surgery, and general medicine.
- **Time between 1991 till 1995:** - Cairo university hospital (kaser elanie) physical therapist (orthopedic clinical specialist) at orthopedic department for evaluation, implementing TX programs and treat pt.

SUMMARY

physical therapist with 33 years of experience in the field of physical therapy between Egypt (18 yrs.) working between home health, outpatient, geriatric dept. in hospital acute and sub-acute floor , united states (7yrs) spending most of my work times in geriatric care in nursing home (almost 5 yrs.) dealing with all Medicare pt. and all changes in coverage specially PPS and RUG, Have worked at hospital, outpatient & home health and 2 years (between 2014 to 2016) in kingdom of Saudi Arabia have worked in buraydah colleges in applied medical sciences, physical therapy department as assistant professor, 6 years as lecturer of physical therapy for orthopedic at faculty of physical therapy in deraya university el menia.,recently promoted with associate professor in orthopedic physical therapy and head of orthopedic physical therapy department at faculty of physical therapy in deraya university el menia..

WORK HISTORY: -

- **1/02/2023 till now:** associate professor and head of orthopedic physical therapy department at faculty of physical therapy in deraya university el menia.
- **From 2017 till 31/01/2023:** worked as an assistant professor in orthopedic physical therapy department at faculty of physical therapy in deraya university el menia , active member in research and professional development team and manager of the physical therapy faculty outpt clinic.
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 - Master in physical therapy 2009
 - bachelor degree of physical therapy, Cairo University, Egypt, 5/1990.
 - board of physical therapy Florida Registered physical therapist in South Carolina and New York State (license #015288-1) 1995.

List of publications:

- 1- **Immediate unrestricted versus graduated weight bearing following primary cementless total hip arthroplasty: a randomized controlled trial., publication date: february 2017 doi: [10.21037/aoj.2017.01.03](https://doi.org/10.21037/aoj.2017.01.03)**
- 2- **The Effect of Dynamic versus Isometric Resistance Training on Pain and Functioning Among Adults with Osteoarthritis of the Knee., Publication date: 2019.**
- 3- **Cervical Collar versus Manual Traction in Patients with Mechanical Neck Pain., Publication date: 2020.**
- 4- **Response of VO2 max and pain tolerance to aquatic exercise and relaxation training in premenstrual syndrome., Publication date: 2020.**
- 5- **: Impact of Dynamic balance training on hip musculature moments and stability index in programming total hip arthroplasty., Publication date: 2021.**
- 6- **effectiveness of myofascial release technique in treatment of sacroiliac joint hypo mobility in postnatal women., publication date: 2021.**
- 7- **Facial Grading Scale Validity and Reliability to Electro-diagnosis in Evaluation of Bell's Palsy Patients., Publication date: 2021.**
- 8- **effect of extracorporeal shock wave therapy on pain post calcaneal spur., publication date: 2022.**

Seminars and Continuing Ed. Courses at USA: -

- certificate of participation of HIV/aids in the 90s continuing education.
- certificate of completion of 1996 wound care management.
- certificate of completion of the train the trainer body mechanics seminar.
- certificate of completion of osteoporosis: promoting strong bones and vitality across the life span. Certificate of successful completion of utilization of handling in the treatment of adults and pediatrics seminar.
- certificate of completion for hand therapy and splinting. • certificate of completion for therapist as supervisor.
- certificate of completion of stroke care for the millennium seminar.

Seminars and Continuing Ed. Courses at Egypt: -

- A training course in the health economics.
- A training course in advanced physical therapy for knee disorders.
- The annual physical therapy conference at faculty of physical therapy Cairo university from 2002 until 2014.
- A training course in motion analysis at biomechanics lab.
- Successfully accomplish 40 credit hours course of certification for infection control at Cairo university hospitals in 2009.
- A lecturer for rehabilitation program and protocols for knee and hip arthroplasty at Cairo university hospitals.
- **A training course in strategic planning for colleges and institutes of higher education from 10-11/3/2021.**
- **A training course in effective teaching and teaching strategies for colleges and institutes of higher education from 28-29/3/2021.**
- **A training course in examination systems and student evaluation for colleges and institutes of higher education from 30-31/3/2021.**
- **A training course in the use of technology in teaching from 5-6/9/2021.**
- **A training course in dealing with students have special needs from 19-20/12/2021.**
- **A training course in spinal manipulation and manual therapy in faculty of physiotherapy deraya university from 27-29/3/2022.**

Field experiences: -

- Senior physical therapy lecturer in orthopedic department at deraya university in el menya from 12/2017 till now.
- Assistant Professor at buraydah private colleges, Applied Medical Science college, physical therapy department from 09/2014 till 01/2017.
- physical therapy lecturer in orthopedic department at elnileen university faculty of physical therapy, Sudan, academic year 2013-2014.
- training programs and continuing education coordinator and supervisor for physical at hospitals in Cairo University since 9/2011 until now.
- Co-manager of physical therapy administration at hospitals in Cairo University since 2007 till 2011.

- consultant physical therapist at hospitals in Cairo University since 2002 till now.
- consultant and head of the physical therapy department at Al-Marwa hospitals and centers since 2006 till 2017.
- New York State Rehabilitation consultant at VNS rehabilitation corporate from 2000-2001.
- Staff member of rehab. Department at Anderson area medical center hospital in South Carolina from 1997-2000.
- Rehab. manager at Ellen berg nursing center for elderly residences South Carolina from 1995-1997.
- Physiotherapist at hospitals in Cairo University (1990-1995).

Field skills: -

- evaluation and supervision of the training programs of excellence physical therapy for new graduates.
- Head of physical therapy unite at orthopedic department of hospitals in Cairo University.
- Design and assess protocols and therapeutic programs, and traditional and non-traditional strategies which needed for physical therapy.
- organizing and continuously activating specialized courses in the field of physical therapy for students, intern and physical therapist at Cairo University hospitals.
- participate in the regulations of training excellence privilege log book at hospitals in Cairo university which have comprehensive and professional operation of clinical training (field experiences) and policies from 2008 until now.
- participate in the supervision and regulation of the distribution of practical training for students of physical therapy from private universities engaged in Cairo university hospitals.
- Lecturer and tutor on ethics and laws privilege of physical therapy profession at University of Cairo.
- participate in infection control courses for physical therapist at Cairo University

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