



Name	Anan Abd El Shafey Anter
Title	Assistant Lecture of physical therapy
Email	Anan.abdelshafey@deraya.edu.eg
Faculty	Physical therapy
Department	Woman Health physical therapy

Education

2015 (BSc) Physical Therapy College, Misr University for Science and Technology, Egypt.

2019 Diploma in Clinical Nutrition, Cairo University.

Diploma in Football Medicine (FIFA).

2021 (MSC) Physical Therapy College, Cairo University, Egypt.

2022 Study (PhD) Physical Therapy College, Cairo University, Egypt.

Professional Expertise

(2021-Present) Assistant Lecture ,Woman Health Department, Faculty of physical Therapy, Deraya University, Egypt.

(2018-2021) Administrator, Woman Health Department, Faculty of Physical Therapy ,Deraya University, Egypt.

(2017-2018) Physical Therapist In Physical Therapy Department In Minia General Hospital.

Research Interests

Physical therapy for woman Health

Selected Publications

- 1. Effect of Polarized Light Therapy on Incisional Pain After Cesarean Section.**
- 2. The Effect of Dynamic versus Isometric Resistance Training on Pain and Functioning Among Adults with Osteoarthritis of the Knee.**
- 3. Effect of Extracorporeal Shock Wave therapy on Pain Post Calcaneal Spur.**
- 4. Efficacy of Transcutaneous Electric Diaphragmatic Stimulation on Lung Functions in Post Mastectomy Women.**