

Ahmed Aref Ahmed Hussein

Personal Information:

Date of Birth : 25/07/1982
Place of Birth : Minya
Marital Status : Married
Nationality : Egyptian
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Nationality : Egyptian
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Education:

Year	Degree
November, 2004	Bachelor Degree in Physical Therapy, Cairo university, Egypt
October 2008 till April 2010	Preliminary Mster Studies “First, Second and Third Semesters”
April 2010 till May 2012	Registered in the MSC of physical therapy, Department of physical therapy for Surgery.
May, 2012	Master degree in Physical Therapy, Department of Physical Therapy for Surgery, Cairo university
October 2012 till April 2014	Preliminary Doctoral Studies “First, Second and Third Semesters”
April 2014 till August 2017	Registered in the PHD of physical therapy, Department of physical therapy for Surgery.
August, 2017	PHD degree in Physical Therapy, Department of Physical Therapy for Surgery, Cairo university

Licensure:

Egyptian professional license, Practitioner Physical Therapist

Work Experiences:			
From	To	Job	Activities and Responsibilities
01/08/2017	Till now	Lecturer in Physical Therapy Department for Integumentary, Faculty of physical Therapy, Deraya University, Minya, Egypt.	<ul style="list-style-type: none"> ➤ Teaching theoretical courses. ➤ Participate in academic scheduling. ➤ A member of the department council. ➤ A member of quality unit. ➤ A coordinator of student activity. ➤ Member of the scientific committee.
01/01/2016	01/08/2017	Teaching assistant in Physical Therapy Department for Integumentary, Faculty of physical Therapy, Deraya University, Minya, Egypt.	<ul style="list-style-type: none"> ➤ Teaching practical courses. ➤ Participate in academic scheduling. ➤ A member of quality unit. ➤ A coordinator of student activity. ➤ Member of the scientific committee.
09/05/2012	01/01/2016	Physiotherapy Consultant at Ministry of Health hospitals, Egypt.	Physical therapist out-patient musculoskeletal physical therapy specialist sports injuries, neurological cases rehab and sub-acute rehab for inpatient care.
13/09/2006	09/05/2012	Physical Therapist at Ministry of Health hospitals, Egypt.	Physical therapist out-patient musculoskeletal physical therapy specialist sports injuries, neurological cases rehab and sub-acute rehab for inpatient care.
2006	2009	Physical Therapist in Sun Raise Centre, Saudi Arabia.	Physical therapist out-patient musculoskeletal physical therapy specialist pediatric neurological cases.
01/01/2009	Till now	A Manager of Nor Elsabah Centre for Physical Therapy	Physical therapist out-patient musculoskeletal physical therapy specialist sports injuries, neurological cases rehab and sub-acute rehab for inpatient care.
2004	2006	Physical Therapist in Hope Centre, Cairo	Physical therapist out-patient musculoskeletal physical therapy specialist pediatric neurological cases.

Courses & Teaching Skills:	
Title	Year
Hydro & Electro therapy I practical courses	2016-2017 Till 2017-2018 academic year
Hydro & Electro therapy II practical courses	2016-2017 Till 2017-2018 academic year
Biomechanics practical courses	2016-2017 Till 2017-2018 academic year
Manual therapy practical courses	2016-2017 Till 2017-2018 academic year
Orthopedic physical therapy clinical courses	2018-2019 Till 2019-2020 academic year
Integumentary physical therapy theoretical, practical and clinical courses	2018-2019 Till Now
Anatomy I practical courses	2017-2018 Till 2019-2020 academic year
Anatomy II practical courses	2017-2018 Till 2019-2020 academic year

Conferences attendance and organization	
Attendance of the 1 st International Conference for Deraya University, Faculty of physical therapy Entitled (Updating Weight Control)	23 February, 2017
Attendance of the 18 th international scientific conference of faculty of physical therapy, Cairo university.	16&17 March 2017
Attendance and organization of 1st international conference of Arab Society for Manual Physical Therapy	1 st March, 2018
Attendance the 1 st forum for surgery Departments of physical therapy faculties in Egypt in the faculty of physical therapy Modern University for technology and information.	29 October, 2018
Attendance of 3 rd student forum for the physical therapy colleges in the faculty of physical therapy Modern University for technology and information.	26 February 2019
Attendance of the 1 st International Conference for Delta University for science and technology.	19&20 October 2019
Attendance of the 20 th international scientific conference of faculty of physical therapy, Cairo university.	7 th to 8 th April, 2019
Attendance of the 2 nd international physiotherapy conference (No more Disability with Physical Therapy and Rehabilitation).	11 th to 12 th December, 2020
Attendance the 1 st Upper Egypt Neuropediatric Conference in collaboration with the Egyptian Society of Child Neuropsychiatry	18 th June, 2021
Attendance of the 3 rd international physiotherapy conference (No	17 th to 18 th

more Disability with Physical Therapy and Rehabilitation).	December, 2021
Attendance and share with oral presentation in Upper Egypt Conference of Clinical Nutrition And Metabolism.	2 nd to 3 rd June, 2021
Attendance and organization of the 2 nd International Conference for Deraya University, Faculty of physical therapy Entitled (Physiotherapy Inspiring Better Health)	24 th to 25 th February, 2022
Attendance of the 5 th Conference Alex Physical Therapy under the title of (There Is Ability in Every Disability)	4 th November, 2022
Attendance and general secretary of the 3 rd International Conference for Deraya University, Faculty of physical therapy Entitled (Physiotherapy Inspiring Better Health)	23 th February, 2023

Publications: Peer-reviewed Research		
Title	Year	Journal
Cell Proliferation Marker Response to Estrogen Iontophoresis in Treatment of Chronic Lower Limb Ulceration	2016	International Journal of PharmTech Research
The Effect of Dynamic versus Isometric Resistance Training on Pain and Functioning Among Adults with Osteoarthritis of the Knee	2019	Journal of Medical and Clinical Studies
Effect Of Polarized Light Therapy On Incisional Pain After Cesarean Section	2020	European Journal of Molecular & Clinical Medicine
Effect of Ultrasound Cavitation Versus Phosphatidylcholine Iontophoresis on Central Obesity in Hypertensive Women	2021	European Journal of Molecular & Clinical Medicine
Efficacy of adding pulsed electromagnetic field therapy to mobilization and exercises in patients with TMJ dysfunction after facial penetrating injury: A randomized single-blinded study	2021	Fizjoterapia Polska Polish journal of physical therapy.
Ki-67% Response to Pulsed Radio Frequency Energy on Chronic Wound Healing in Patients with Diabetic Foot Ulcer	2022	International Journal of Thin Films Science and Technology
Effect of Extracorporeal Shock Wavetherapy on Pain Post Calcaneal Spur	2022	Journal of Positive Psychology & wellbeing
Efficacy of Transcutaneous Electric Diaphragmatic Stimulation on Lung Functions in Post Mastectomy Women	2023	Egyptian Journal of Physical Therapy (EJPT)
Effects of Moderate Intensity Aerobic Exercise	2023	Egyptian Journal of Physical

on Blood Coagulation and Fibrinolysis in Post-Menopausal Hypertensive Women.		Therapy (EJPT)
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Workshops attendance

Title	Date
Manipulative Procedures Of The Upper Quadrant	29&30 March 2015
Rehabilitation Of The Tendons Hand Repair	21 March 2016
Introduction of low back dysfunction& visceral manipulation	28 August 2016
Best Practice Scientific Writing	13 January 2020
Shoulder Joint Differential Diagnosis& Treatment	30&31 July 2020
Strategic Planning: Faculties and Institutes of Higher Education	10&11 March 2021
Strategic Planning: Faculties and Institutes of Higher Education	10-12 April 2021
Manual Lymphatic Drainage	26 April 2021
Fundamentals of Digital Transformation (IT modules)	5 May 2021
Fundamentals of Digital Transformation (presentations modules)	8 May 2021
Fundamentals of Digital Transformation (word processing modules)	15 May 2021
Program/Course Specifications and Assessment of ILOs: Faculties and Institutes of Higher Education	25-27 July 2021
Introduction Of Ultrasonography Imaging For Common Musculoskeletal Disorder In Physical Therapy Practice	21&22 September 2021
Basic Infection Prevention Recommendation for Outpatient Sitting	28 December 2021
Differential Diagnosis of Lumbo-Pelvic Pain Disorders	8 December 2021
Kinesio Taping Theory And Application	4&11 January 2022

Orthopedic Manual Therapy Certificate (OMTC)	9-11&15-18 February 2022
Spinal Manipulation of The Cervical, Thoracic and Lumbosacral Spine For Physiotherapists	27-29 March 2022
Statistical Analysis Skills in Medical Research Using SPSS Package	18&19 September 2022
Systemic Review And Meta-analysis of Health Research	September 2022
Management of Common Ankle Injuries in Sports	27 June 2022
Shoulder Pain Management in Athletes	20 September 2022
Essentials Integrated Education	28&29 January 2023
University Code Ethics	1&2 February 2023
International Publishing Of Scientific Research	1&2 February 2023
Mulligan Manual Therapy Concept. The Evolution of Manual Therapy	15 February 2023
Low back pain : A Kinetic Control Based Movement Solution	20 March 2023

Skills:

Language Skills: **Arabic:** Mother language
English: 2nd language

Computer Skills: *very good.*