



Dr. Doaa

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Name: Doaa Abdel Nasser Abdel Hady

Title: Lecturer, Deraya University

Email: doaaabdnaser@gmail.com

Faculty: Collage of physical therapy

Department: Women Health

Status: Married, have 3 children

Orcid ID: 0000000232479402


SKILLS

Interested in research

Self-learning

LANGUAGES

English 

Spanish 

French 

EDUCATION

2006 (BSc) Faculty of physical therapy, Cairo University, Egypt

2018 (MSc) Faculty of physical therapy, Cairo University, Egypt

2022 (PhD) Faculty of physical therapy, Cairo University, Egypt

2023 Diploma in nutrition from Cairo University

WORK EXPERIENCE

2022 – to the present Assistant professor of physical therapy for women's health, Deraya University

2018- 2022 Assistant Lecturer of physical therapy for women's health , Deraya University

2012-2014 Physiotherapist in Riyadh – in Saudi Arabia

2007- 2011 physiotherapist in El- minia general hospital

Researches

2018	The Effect of Intermittent Pneumatic Compression Belt on Postnatal Diastasis Recti. https://doi.org/10.21608/mjcu.2018.57500
2022	Impact of Kegel Exercises and Transcutaneous Tibial Nerve Stimulation on Low Back Pain in Women with Stress Urinary Incontinence: A Randomized Controlled Trial, in Medical & Health Science and Technolo, http://dx.doi.org/10.18576/ijfst/080103
2023	Correlation between upper and lower diaphragms in patients with urinary incontinence, published in the second international conference for interactive physical therapy, 6 May , Badr University in Cairo. DOI:10.21608/EJPTR.2023.313520
2023	Effect of knack technique on vaginal laxity in multiparous women: A randomized controlled trial. Physiotherapy research international, Wiley, https://doi.org/10.1002/pri.2036
2023 Preprint	Is there a link between vaginal relaxation syndrome and pelvic tilt?
2023	Predicting female pelvic tilt and lumbar angle using machine learning in case of urinary incontinence and sexual dysfunction <i>Sci Rep</i> 13 , 17940 (2023). https://doi.org/10.1038/s41598-023-44964-0

Courses

- Train the trainer TOT form American university in Cairo
- Low back pain, kinetic control. workshop from primephysio
- Orthopedic manual therapy from primphysio and deraya university
- Best practice scientific writing , work shop, American society for microbiology
- Ultrasonography diagnostic role in rehabilitation of MSK disorders, from physical therapy syndicate
- Fundamentals of digital transformation certificate , Cairo university
- Pelvic floor dysfunction for women's health , online , from embodia academy
- Physical therapy for hemophilia

Speaker in conferences

- Second international conference for interactive physical therapy
- Fifth upper Egypt congress of clinical nutrition and metabolism, 2022
- Fourth upper Egypt congress of clinical nutrition and metabolism, 2021
- Scientific meeting of physical therapy and gynecology in Ain shams hospital
- Scientific day get your back on track , Deraya university

Research Interests

Women's Health and pelvic diseases mainly pelvic floor dysfunction (Different types of urinary incontinence, genital prolapse, fecal incontinence, vaginal laxity, Sexual pain), nutrition

❖ وايضا مراجع (Peer reviewer) في مجلة

-Sexual Research and Social Policy, springer,

-Journal of Endometriosis and pelvic pain disorders

❖ وتم اختيارى ضمن editorial team

- **Interdisciplinary Rehabilitation**

