

Ramez Yousry Fawzy Bakhoom

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PERSONAL INFORMATION:

Date of Birth: 28-6-1988
Gender: Male
Marital Status: Married
Nationality: Egyptian
Military Service: Finished

EDUCATION:

Faculty of physical therapy, Cairo University, Cairo, Egypt 2005-2009
Bachelor Degree of physical therapy (Very good with honour 82.41%)

Faculty of physical therapy, Cairo University, Cairo, Egypt
Master Degree In Physical Therapy Department of Physical Therapy for
Gynaecology and obstetrics (Very good 3.20) 2016

Faculty of physical therapy, Cairo University, Cairo, Egypt
Doctoral Degree In Physical Therapy Department of Physical Therapy for
Gynaecology and obstetrics. 2020

**School Of Physical Therapy and Rehabilitation Science, Faculty of Health, Montana
University, Missoula, USA**
Doctor Of Physical Therapy (DPT) Degree at School Of Physical Therapy and
Rehabilitation Science, Montana University. 2022

EXPERIENCE:

- Lecturer at Physical Therapy Department for women health, Deraya
University. Sep. 2020 till now
- Assistant lecturer at Physical Therapy Department for women health, Deraya
University. Aug. 2018- till Aug. 2020
- Minia General Hospital, Minia, Egypt 2015- July 2018
- Aboukorkas hospital., Minia, Egypt Oct. 2014- 2015

-El Minia Military Hospital., Minia, Egypt
Head of Physical Therapy Department

Oct. 2011-Sep. 2014

TRAINING:

- **SCHOOL OF SCIENCES AND ENGINEERING, THE AMERICAN UNIVERSITY, Cairo, Egypt.**
STRP-114 Train The Trainer TOT course Sep. 25, 2019 – Sep. 28, 2019.
- **American Society of Traditional Science, Egypt.**
Training course of Myofascial Release Technique.
- **Faculty of Physical Therapy, Cairo University, Cairo, Egypt.**
Training workshop of first aid and sports injuries Feb. 14, 2010 To Feb. 18, 2010
- **Faculty of Physical Therapy, Cairo University, Cairo, Egypt.**
Scientific Student Conference of Neuromuscular Disorders and its surgery (Basic strategies for stroke rehabilitation).
- **The Federation Internationale de football Association.**
FIFA Diploma in Football Medicine.
- **Physiopedia Plus Online Course in:**
Managing Children with Clubfoot.
- **Academy of Knowledge.**
Digital Content for Teaching (online course).
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Training Workshop on manipulative procedures of the upper quadrant.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Course of Shoulder Joint Differential Diagnosis & Treatment on 30 & 31 July 2019.
- **Faculty of Physical Therapy, Beni Suef University, Beni Suef, Egypt.**
Biofeedback And Electrical Stimulation Of Pelvic Floor Muscles In Females Workshop, on Tuesday, 5th Of November, 2019.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Certificate of appreciation for giving a scientific lecture about “EFFECT OF BALL STABILITY EXERCISE VERSUS FOAM ROLLER EXERCISE ON LOW BACK PAIN DURING PREGNANCY”.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Attendance and participation in the 2nd international conference “PHYSIOTHERAPY INSPIRING BETTER HEALTH”. Faculty of physiotherapy – Deraya University Feb. 24 – 25, 2022.

- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Attendance a workshop entitled “BASIC INFECTION PREVENTION RECOMMENDATIONS FOR OUTPATIENT”. Deraya University Dec. 28, 2021.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Attendance a workshop entitled “KINESIO TAPING THEORY AND APPLICATION”. Deraya University Jan. 4 & 11 , 2022.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Attendance a workshop entitled “RADIOLOGICAL ANATOMY OF THE SHOULDER”. Deraya University Dec. 26 , 2021 and Jan. 2, 2022.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Certificate of Appreciation in recognition of contributions to the advancement of research at Deraya University and publication in high impact journals.
- **Faculty of Physical Therapy, Deraya University, EL Minia, Egypt.**
Certificate of Appreciation for participation in organization of the 3rd International Scientific Conference “PHYSIOTHERAPY INSPIRING BETTER HEALTH”. February 23, 2023. Princess Fatma Academy for Medical and Professional Training, Nasr City, Cairo.

Published Papers:

Effect of ball stability exercise versus foam roller exercise on low back pain during pregnancy, Journal of Critical Reviews, Advance Scientific Research: 2020:622 – 629.

Effect of ultrasound cavitation versus Phosphatidylcholine iontophoresis on central obesity in hypertensive women, European Journal of Molecular & Clinical Medicine, ISSN 2515-8260 Volume 08, Issue 03, 2021. Pages 821 – 832.

Effect of Weight Reduction on Left Ventricular Hypertrophy in overweight Hypertensive Young elderly men, Annals of R.S.C.B., ISSN: 1583-6258, Vol. 25, Issue 6, 2021, Pages. 19767 – 19775.

Effect of exercises on abdominal recovery and blood glucose level in women after cesarean section, Turkish Journal of Physiotherapy and Rehabilitation; ISSN 2651-4451 | e-ISSN 2651-446X. Vol. 32, Issue 3. Pages 31705 – 31710. Dec. 3, 2021.

SKILLS:

Language

-Fluent in English

Computer knowledge

Windows, Ms. Office, SPSS, Visual Basic for Applications, MS. Project.