

Name	Hisham Abdelmoneam Abdelwahaab
Title	Lecturer
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Faculty	faculty of physical therapy,
	Deraya University
Department	Physiotherapy for Cardiopulmonary disorders.



Education

Please write your education in the following format.

Year (Degree) The name of the University, City, Country

2000 (BSc) Faculty of physical therapy, Cairo University, Egypt

2015 (MSc) Faculty of Physical therapy, Cairo University, Egypt

2019 (PhD) of Physical therapy, Cairo University, Egypt

Professional Expertise

- 1- **Assistant Lecturer** at faculty of physical therapy, Deraya University.**from** 1/9/2016 till 2019.
- 2- Lecturer of physical therapy for cardiopulmonary &geriatrics at Faculty of Physical Therapy Deraya University from 2019 till now.
- 3- Sharing in **control**, **students activities**, **academic advising** beside teaching duties in Deraya University.
- 4- Member of faculty council, students &teaching council.

Research Interests

Aerobic exercises and breathing exercises and its effects on lung function, blood coagulation, fibrinolysis factors.

Selected Publications

- 1- Effect of aerobic exercise on blood coagulation and fibrinolysis factors in elderly hypertensive patients.
- 2- EFFECT OF EXTRACORPOREAL SHOCK WAVETHERAPY ON PAIN POST CALANEAL SPUR.
- 3- Effect of dynamic exercise of upper limb versus lower limb on diabetic elderly women.
- 4- <u>Impact of Wet Cupping Therapy (Al-hijamah) on Hyperuricemia in Hypertension patients.</u>

