



Name	Tarek Hanfy Mahmoud Hanfy
Title	Lecturer
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Faculty	Physical Therapy
Department	Physiotherapy for cardiopulmonary disorders

Education

2002 (BSc) Faculty of Physical Therapy, Cairo University, Egypt
 2015 (MSc) Faculty of Physical Therapy, Cairo University, Egypt
 2019 (PhD) Faculty of Physical Therapy, Cairo University, Egypt

Professional Expertise

2019-Present Lecturer; Faculty of Physical Therapy, Deraya University, Egypt
 2018-2019 Assistant Lecturer; Faculty of Physical Therapy, Deraya University, Egypt

- Sharing in **control, student's activities, academic advising** beside teaching duties in Deraya University.
- **Member of faculty council, students & teaching council.**

Research Interests

Internal medicine, chest, cardiology, vascular and neurorehabilitation.

Selected Publications

1. Effect of strengthening exercise versus intermittent pneumatic compression device to calf muscle on blood flow in patients with varicose veins at 6 / 2019.
2. Effect of dynamic exercise of upper limb versus lower limb on diabetic elderly women at 6 / 2021.
3. Facial Grading Scale Validity and Reliability to Electro diagnosis in Evaluation of Bell's Palsy Patients in Journal of positive psychology and wellbeing at 11 / 2021.
4. Acute Hemodynamic Response to Acapella in Phase I Cardiac Rehabilitation Post Mitral Valve Replacement in Turkish Journal of Physiotherapy and Rehabilitation at 12 / 2021.
5. Impact of Wet Cupping Therapy (Al-hijamah) on Hyperuricemia in Hypertension Patients.1/ 2022
6. Effect of High-intensity Aerobic Exercise Versus Moderate-Intensity Aerobic Exercise on Serum Uric Acid in Hypertension in An Interdisciplinary Journal for Neuroscience and Quantum Physics at 4 / 2022.
7. Efficacy of Transcutaneous Electric Diaphragmatic Stimulation on Lung Functions in Post Mastectomy Women. (Have been accepted to publication in Egyptian journal for physical therapy).-12/ 2023.
8. Effect of Cavitation versus Radiofrequency on Abdominal Adiposity Reduction in Overweight Female Students in Deraya University.1/ 2024

9. Effects of Moderate Intensity Aerobic Exercise on Blood Coagulation and Fibrinolysis in Post-Menopausal Hypertensive Women. (Have been accepted to publication in Egyptian journal for physical therapy). Under publication